

Rudiments mit Hilfe der Moeller-Technik



↓ = Down Stroke	w = Wrist Stroke
↑ = Up Stroke	s = Fingersnap
t = Tap	r = Rebound

Anmerkung: Im langsamen Tempo können manche ↑↑ zu Tap Up werden, im schnellen Tempo hingegen werden ↑↑ zu Rebounds.

Flams (einfacher Vorschlag)

Two musical staves in 2/4 time showing two variations of the Flams rudiment. The first variation consists of two eighth notes with accents, each followed by a sixteenth note. The second variation consists of two eighth notes with accents, each followed by a sixteenth note and a thirty-second note. Below the staves are the corresponding stroke patterns.

Stroke patterns for the first variation:
 ↑ ↓ ↑ ↓
 L R R L

Stroke patterns for the second variation:
 t w t w
 L R L R
 R L R L

Flamtap

Two musical staves in 2/4 time showing two variations of the Flamtap rudiment. The first variation consists of two eighth notes with accents, each followed by a sixteenth note and a thirty-second note. The second variation consists of two eighth notes with accents, each followed by a sixteenth note and a thirty-second note. Below the staves are the corresponding stroke patterns.

Stroke patterns for the first variation:
 ↑ ↓ t ↑ ↓ t
 L R R R L L

Stroke patterns for the second variation:
 s w r s w r
 L R R R L L

für schnelle Tempi:

Flamaccent

Musical notation for Flamaccent in 6/8 time, showing two eighth notes with accents, each followed by a sixteenth note and a thirty-second note. Below the staff is the corresponding stroke pattern.

Stroke pattern:
 t ↓ ↑ t t ↓ ↑ t
 L R L R R L R L